

# Age-appropriate chores

*for toddlers and preschoolers*



## **SELF-CARE**

- brush teeth
- wash hands
- wash face
- brush hair
- apply own sunscreen
- take shoes and jacket off



## **OWN ROOM**

- clean up toys
- put books on shelves
- make bed
- wipe dust
- swipe floor with toy broom



## **HOUSE**

- fetch diapers & wipes
- put dirty clothes in hamper
- fold laundry
- feed dog together
- use hand-held vacuum
- clean up own spills
- mop floors with baby mop



## **KITCHEN**

- set the table
- clean up after eating
- put dirty dishes in the sink
- throw away own trash
- help unload the dishwasher
- help out cooking
- eat snacks from accessible drawers



## **OUTSIDE**

- water flowers
- clean up leaves
- harvest fruit
- walk dog together
- search and put list items in shopping cart
- carry own backpack
- pay for small purchases together